



# SPORT

## Level 3 Extended Certificate, Diploma and Extended Diploma

Extended Certificate is equivalent to one A Level  
Diploma is equivalent to two A Levels  
Extended Diploma is equivalent to three A Levels

### Course Summary

The Sport Level 3 courses offer you an insight into the sport industry, with a strong focus on the workplace. This new form of qualification was established in conjunction with the University of Cambridge, for those who enjoy studying in a practical, work-related way. The Extended Certificate takes up one subject slot, the Diploma takes up two and the Extended Diploma takes up three. After studying either course at Barton Peveril, you will be able to apply your practical and theoretical skills to real workplace scenarios.

### Topics

#### ALL

- Body Systems and the Effects of Physical Activity
- Sports Coaching, Sports Development and Practical Sport

#### DIPLOMA

- Fitness Testing
- Performance Analysis
- Sports Injuries

#### EXTENDED DIPLOMA ONLY

- Working Safely in Sport
- Sport and Psychology
- Sports Organisation, Development and Business
- Nutrition and Biomechanics



### Why choose this course?

- Dedicated facilities including multi-gym, sports hall and large playing fields
- Specialist coaching and teaching with industry accredited aspects to the course
- Elite sports programmes
- Trip to indoor snow centre

### Assessment

This course has a mixture of:

- Exams
- Practical assessments
- Coursework

### Where might it lead?

The mixture of practical and theoretical elements makes the options available after studying Sport wide and varied. Many students go on to work and study in Sports Science, Physiotherapy, Sports Therapy, Strength and Conditioning, Sports Psychology, Sports Performance Analysis, Sports Development, Teaching, Coaching and Sports Journalism.

*“ The support and advice given by teachers is excellent across the College.*

**Tom Henning**

Studied: Sport, History and Criminology



**1 to 1**  
coaching from our fully qualified and experienced coaches

### Entry requirements

- GCSEs to include a minimum Grade 4 in English
- GCSE Combined Science at Grade 4 is advantageous (Extended Diploma)



Visit [barton-peveril.ac.uk/courses/sport](http://barton-peveril.ac.uk/courses/sport) for more information